

We know that this is a difficult time for many of our children and parents. Here are some links to organisations that can provide help and support if you have any concerns or are experiencing hardship.

FOOD BANKS

<https://wirral.foodbank.org.uk/get-help/how-to-get-help/>

<https://www.wirralfoodbankextra.co.uk/social-supermarkets>

SOCIAL CARE

<https://www.wirral.gov.uk/health-and-social-care>

Emergency concerns if you think a child is at risk of harm:

0151 606 2008

Mental Health, Counselling and support for young people

CAMHS advice and duty line

Advice if you have concerns about your child's mental health

0151 488 8453

Or if at significant risk of harm then contact your GP or NHS advice line

RESPONSE

Offers counselling and a range of support for young people

Address: 19 Argyle St, Birkenhead CH41 1AD

Hours:

Closes 8:30PM

Phone: 0151 666 4123

OPEN DOOR CENTRE

Located in: Bloom Building and Coffee

Address: 3 Abbey Cl, Birkenhead CH41 5FQ

Hours:

Closes 6PM

Phone: 0151 639 4545