

Our team of highly skilled staff will deliver the sessions in a number of local venues across Wirral, including The HIVE, Victoria Central Health Centre and St Catherine's Health Centre.

The 12 month programme will finish with a celebratory event, recognising the commitment and achievements of those involved.



## Programme structure

Young people can register for the programme by completing a simple expression of interest form. This can be easily downloaded from [www.thehiveyouthzone.org](http://www.thehiveyouthzone.org) and emailed back to [NHScadets@thehiveyouthzone.org](mailto:NHScadets@thehiveyouthzone.org). Completed forms can also be posted back to the address provided.

If you would like any further information about Wirral's NHS Cadet Programme please email the team: [NHScadets@thehiveyouthzone.org](mailto:NHScadets@thehiveyouthzone.org)

Working in  
partnership...



**NHS**  
Wirral Community  
Health and Care  
NHS Foundation Trust



## Pathway

## into

## health and care

**Helping young people to reach their full potential with NHS Cadets and learn the skills they need to support vital health and care teams across Wirral.**

## About the programme

**The NHS Cadets Programme, a national initiative from NHS England and St John Ambulance, is coming to Wirral.** This exciting 12 month programme will give local young people, aged 14-16, a flavour of what it's like to volunteer and work in the NHS, as well as giving them the confidence and tools they need to develop and prepare for life. This fantastic initiative is aimed at teenagers from marginalised backgrounds who might not be offered such opportunities.

**The NHS Cadets Programme in Wirral launches in September 2020 and will be delivered in partnership with St John Ambulance, Wirral Community Health and Care NHS Foundation Trust and The Hive.**

It aims to support 100 local young people to prepare for health volunteering and other opportunities. It's a chance for them to not only grow and develop, but to also meet new friends and build relationships. When they embark on the programme they'll receive a welcome kit with everything they need to begin their pathway into health and care.

Wirral is one of the few locations across the UK to have been chosen to deliver this incredible partnership programme which will make a huge difference to the lives of young people locally.



## Programme structure

The programme will be structured around a number of weekly sessions and activities including:

- health and social care related topics
- talking clinical observations eg blood pressure
- training for: infection prevention and control, safeguarding, and moving and handling
- wellbeing
- teamwork
- life skills
- confidence building and leadership
- communication skills - oral and written
- volunteering, training and placement opportunities

