RETRIEVAL PRACTICE

EXAM SUCCESS

Practise bringing information from memory for better results.

gcsepod

education on demand

Retrieval practice is the act of recalling information without having it in front of you. Research shows this is far more effective than reading and re-reading.

HOW IT WORKS

In recent years, cognitive psychologists have been comparing retrieval practice with other methods of studying. What they have found is that nothing cements long-term learning as powerfully as retrieval practice.

Write it down

Try writing down everything you know about a topic. Then go back and check to see what you have missed.

Partner Up

Get together with a friend and write down everything you can remember about a topic. Compare notes and see what's missing.

Flash Cards

Make some flash cards and then try recalling the information on them.

TIPS & ADVICE TO GET IT RIGHT

'Space out' your practise

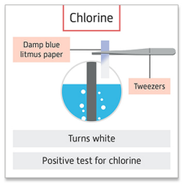
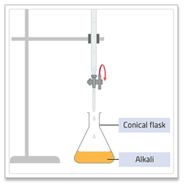
Retrieval practice is even more effective if it's done in short bursts over time, rather than in a single long session. The struggle involved in trying to recall information strengthens your long-term learning.

Don't give up

It may feel hard at first but the more times you practise recalling, the more information you will be able to bring to mind. It will get easier each time!

Flash Cards

Create flash cards to help fill the gaps in your knowledge to help you remember more next time. Our Pods are a fantastic way to use flash cards, simply pick a topic, make a flashcard with everything you know, then watch the pod to fill in any knowledge gaps.

HOW USING GCSEPOD CAN HELP

Our assignments are a fantastic way to test your knowledge. Just like past papers, they are relevant to the exams you will be taking. They also auto-mark and show you what areas you need to improve by providing a boost playlist with the exact Pods you need to watch to fill those knowledge gaps. For more information visit www.gcsepod.com.