

Non Participants In PE

It Wastes Time!

It Stops You Learning And Progressing If You Are Not In Lessons.



The Mosslands School

**We understand that it
can be hard to bring kit
or afford kit.**

**We are here to help not punish
If you have an issue, speak to your PE teacher and they will lend or give you a kit**

WE JUST WANT YOU IN LESSONS AND LEARNING



The Mosslands School



PE KIT

OR

Plain white T shirt
Black shorts
Black socks

Visit or scan QR code
<https://shop.ev2sportswear.com/product-category/clubs/schools/mosslands-school/mosslands-students/>



The Mosslands School

No Kit

- You must pack your own kit. Its your **RESPONSIBILITY**.
- If you have not got a kit, be **RESOURCEFUL**. Ask your parents, borrow one, ask P.E. staff if they can give you one to keep.
- If you forget kit you must borrow one from P.E. staff at the start of a lesson. You will be given a 3 and your parents will get an email home. Be **REFLECTIVE** and don't let it happen again. Sort your issues for next lesson.
- If you refuse to put on a kit you will get a 5. You will get a detention at 3:20 with your P.E. teacher. You must still watch the lesson and not disrupt. If you disrupt you will be sent away.
- If you fail to show for a detention with your P.E. teacher you will get a school detention.



Injury

- You must produce a letter (on paper and signed by a parent/carer/ guardian). No emails or asking the house office/hub etc.
- Bring your kit anyway. If you get changed and put on a bib you may be able to take part in some of the lesson. Be **RESILIENT!**
- You must go with your class and watch that lesson.
- No mobile phones in corridors – you go with your lesson and watch/help and learn!



RESILIENCE



NO EXCUSES

simplyshredded.com



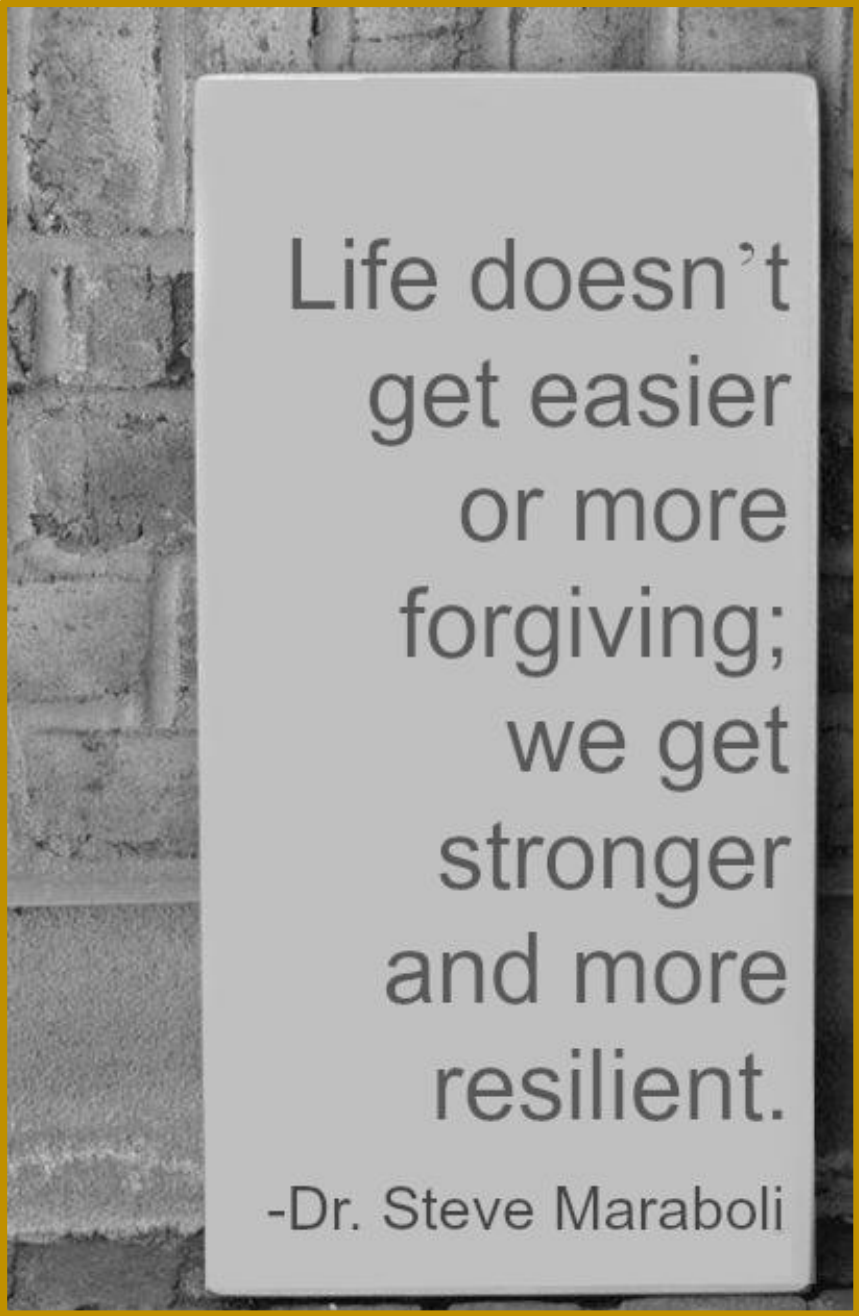
Your excuse is invalid.



A silhouette of a person in a yoga pose (Tree Pose) stands on a beach at sunset. The sun is low on the horizon, creating a bright orange and yellow glow. The ocean waves are visible in the foreground, and the sky is a deep orange. The person's arms are raised, and their hands are clasped behind their head.

**"Although the world is full of suffering, it
is also full of the overcoming of it."**

- Hellen Keller -

A quote by Dr. Steve Maraboli is displayed on a light gray rectangular background. The background is set against a dark, textured stone wall. The quote is centered and reads: "Life doesn't get easier or more forgiving; we get stronger and more resilient." The text is in a clean, sans-serif font. At the bottom of the gray box, the author's name is listed.

Life doesn't
get easier
or more
forgiving;
we get
stronger
and more
resilient.

-Dr. Steve Maraboli

KNOW THAT DEEP
INSIDE, YOU ARE
RESILIENT, BRAVE
AND SO MUCH
STRONGER AND
MORE POWERFUL
THAN YOUR FEARS.

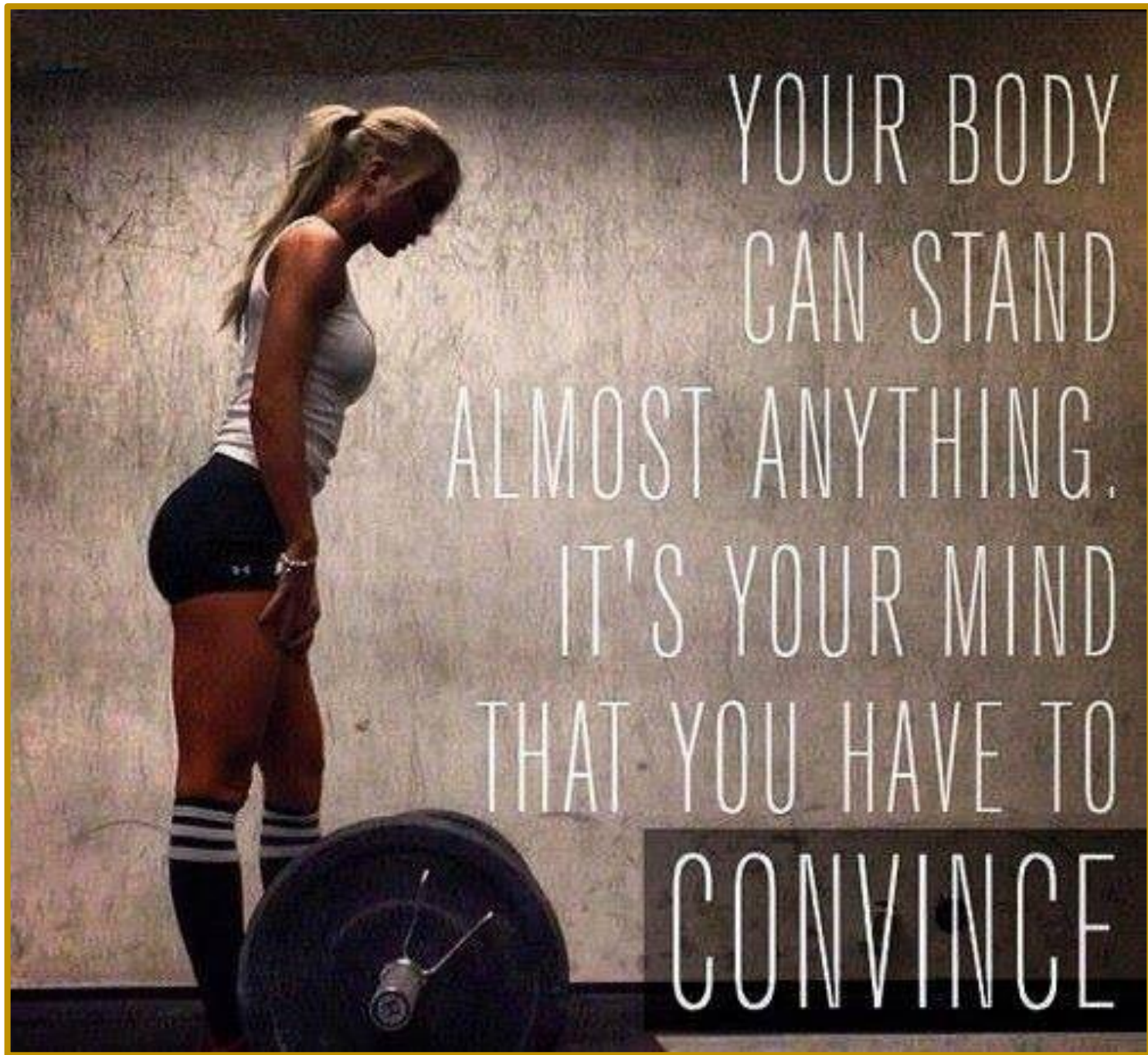
Tough

TIMES

DON'T

last.

TOUGH
PEOPLE DO.



YOUR BODY
CAN STAND
ALMOST ANYTHING.
IT'S YOUR MIND
THAT YOU HAVE TO
CONVINCE

**CONSTANTLY PUSH
YOURSELF
HIGHER AND HARDER
UNTIL YOU REACH
YOUR GOALS**

GYMQUOTES.CO