



Post 16 Options Overview

Once you have officially left secondary education, you will have a choice about what you would like to go on to do.

There are different types of education and training available to you BUT the entry requirements for each of these settings is very different depending on what you want to do:

- Apprenticeship
- Traineeship
- Study Programme
- Further Education (FE) College
- School Sixth Form/Sixth Form College
- Supported Internships

The options can vary depending on where you live, how far you are willing to travel and the qualifications you are aiming to achieve.

At this stage in your learning it is important for you to really consider the best option for you and that means researching the choices open to you very carefully. It can be a confusing time but help is at hand; have a look through this fact sheet to get a better understanding of your options and make sure you speak to your tutors and the Careers Adviser in your school.

- Apprenticeship

- An Apprenticeship is a great way for both young people and adults to earn while they learn in a wide range of jobs and sectors.
- On an Apprenticeship programme, you will gain industry recognised qualifications, a salary as well as valuable experience and preparation for a successful future.
- Many employers take on apprentices so that they are able to develop a motivated, skilled and qualified workforce.
- You will have an opportunity to learn 'hands-on' skills in the workplace by undertaking activities your employer and/or your work colleagues show you how to do.
- You will also learn about the background or theory to the practical work you are doing.
- As an apprentice you will have an assessor to guide you through the qualifications.
- **Entry requirements for apprenticeships vary so you do need to check these out on the website as each employer sets their own requirements. Are you ready for full-time work and less holidays???**
- To find out the very latest information on Apprenticeship Frameworks and the right programme for you, visit: <https://www.findapprenticeship.service.gov.uk>

- Traineeships (pre-apprenticeship **short** course)

- A traineeship is a course with work experience that gets you ready for work or an apprenticeship. It can last up to 6 months.
- You can apply if you're: eligible to work in England, unemployed and have little or no work experience, aged 16 to 24 and qualified below Level 3
- You'll get: a work experience placement, help with English and maths (if you need it)



- You won't be paid, but you may be given expenses for things like travel and meals.
- Traineeships are provided by a variety of providers and are funded by the Government.
- Interviews and work experience placements will be provided by employers as part of your course
- If you are interested in finding out the very latest information about Traineeships and the opportunities open to you, visit: <https://www.gov.uk/find-traineeship>

- Study Programme – via local Training Providers
 - A study programme can last up to a year
 - You will be able to develop skills in a subject area of your choice which will help you gain employment in your desired industry.
 - You will work towards Maths and English and enrichment.
 - The programme could include a period of work experience at a local employer
 - Progression from a Study Programme could be a traineeship, apprenticeship or full-time employment
 - Some local training providers include: TPM, Rocket Training, Mode Training, JM Recruitment, The Learning Foundry, Real Skills, Morthyng, Cornerstones and Pinehurst (locations vary).

- Further Education
 - There are local colleges that offer a variety of subjects and qualifications at a range of different levels to suit all abilities. Levels range from Entry Level (below GCSE's) up to Level 3 (A level equivalent).
 - It is important to attend open days and speak to college staff. Visit websites for details. Some colleges include; Wirral Metropolitan College, West Cheshire College, City of Liverpool College, Hugh Baird College, Knowsley Community College, Riverside College and St Helens College.
 - Each course has their own entry requirements and the qualifications that you will have will impact on the level that you can start at.
 - It is also important to remember that if you do not have a pass in your Maths and English, you WILL have to continue to work on these at college.

- School Sixth Form
 - Lots of local schools have a sixth form that you can apply to study at
 - Check with the schools individually about what subjects and qualifications they offer and the entry requirements they have
 - For Level 3 Study (A levels), you will usually need grade 5's and 6's
 - It is important to make enquiries early and attend open days.

- Supported Internships (young people with SEND)
 - Supported internships are a structured study programme based primarily at an employer.
 - They enable young people aged 16-24 with a statement of SEN, or an Education, Health and Care plan to achieve sustainable paid employment by equipping them with the skills they need for work, through learning in the workplace.
 - Supported internships are unpaid, and last for a minimum of six months. Wherever possible, they support the young person to move into paid employment at the end of the programme.
 - Alongside their time at the employer, young people complete a personalised study programme which includes the chance to study for relevant substantial qualifications, if appropriate, and English and maths.
 - These are accessible via a lot of local colleges
 - <https://www.preparingforadulthood.org.uk/downloads/supported-internships>