



## WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Main Meals</b>					
<b>Curry Day</b> <i>Guest curry dish each week, served with rice and naan bread</i>	<b>Moss-Nando's</b> Chicken seasoned with Peri-peri spices and served on a bed of savoury rice and corn	<b>Pie day</b> Pie of the day served with mash potato, vegetables and gravy	<b>Lamb Kebab</b> Freshly made doner kebab, lamb mince seasoned with garlic & fenugreek. Baked in the oven and served in a folded flatbread with garlic mayo and shredded lettuce	<b>Chippy Day</b>  A selection of favourite dishes choose from:  <b>Fish</b>  <b>Served with</b> Chips and Mushy Peas  Curry sauce and gravy	
<b>Pasta Bar</b>					
<b>Chilli Con Carne</b> Fresh mince beef cooked with onions, tomatoes, kidney beans, and chilli powder served with pasta or rice	<b>Mac &amp; Cheese</b> Classic baked macaroni served with garlic bread	<b>Lasagne</b> Fresh minced beef cooked with onions, garlic, tomatoes and herbs layered between pasta sheets topped with a bechamel sauce and baked in the oven.	<b>Meatball Pasta</b> Pork meatballs served in a tomato sauce & pasta		
<b>Street Food</b>					
<b>Chicken Goujon wrap</b> Breaded chicken goujon in wrap	<b>Panini</b> A selection of panini's will be available	<b>Spicy Chicken Burger</b> A chicken burger oven baked and served in a burger bun	<b>Pizza slices</b> A selection of pizza slices will be available		
<b>A vegetarian option will be available every day</b>					
<b>Hot Alternatives</b>					
<b>Jacket Potato – Available Daily</b> A daily selection of fillings and toppings served with salad					
<b>Or</b>					
<b>Grab n Go - Available Everyday</b> A selection of sandwiches, pasta salads pots and salads boxes will be available daily					
<b>Available Everyday</b> A selection of Home-Baked Desserts, Yogurts, Fresh Fruit available everyday					



## WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meals</b>				<p><b>Chippy Day</b></p> <p>A selection of favourite dishes choose from:</p> <p><b>Fish</b></p> <p><b>All served with</b> Chips and Mushy Peas</p> <p>Curry sauce and gravy</p>
<p><b>Sausage &amp; Mash</b> Butches Sausage served with mash potato, vegetables and gravy</p>	<p><b>Salt &amp; Pepper Chicken</b> Strips of fresh chicken cooked with peppers, onions and seasonings. Served with a tortilla wrap, seasoned potato wedges and spicy tomato sauce</p>	<p><b>Spicy Chicken Burger</b> A chicken burger oven baked and served in a burger bun With diced potatoes &amp; sweetcorn</p>	<p><b>Scouse</b> Choose from fresh beef or Quorn chunks cooked slowly with onions, carrots, leeks, potatoes, and stock.</p>	
<b>Pasta Bar</b>				
<p><b>Pasta Bolognese</b> Beef mince cooked with onions, garlic, tomatoes, mushrooms and herbs mixed with fresh pasta</p>	<p><b>Sweet Chilli Noodles</b> Strips of fresh beef stir fried with onions, broccoli, egg noodles and sweet chilli sauce</p>	<p><b>Pasta day</b> <i>Guest pasta dish each week, served with pasta and garlic bread</i></p>	<p><b>Oriental Noodle</b> Diced chicken cooked with onions, garlic, red chillies, sweetcorn and spices mixed with egg noodles</p>	
<b>Street Food</b>				
<p><b>Chicken Goujon wrap</b> Breaded chicken goujon in wrap</p>	<p><b>Panini</b> <i>Selection of different fillings</i></p>	<p><b>Spicy Chicken Burger</b> A chicken burger oven baked and served in a burger bun</p>	<p><b>Pizza</b> A selection of pizza slices will be available</p>	
<b>A vegetarian option will be available every day</b>				
<b>Hot Alternatives</b>				
<b>Jacket Potato – Available Daily</b>				
A daily selection of fillings and toppings served with salad				
<b>Or</b>				
<b>Grab n Go - Available Everyday</b>				
A selection of sandwiches, pasta salads pots and salads boxes will be available daily				
<b>Available Everyday</b>				
A selection of Home-Baked Desserts, Yogurts, Fresh Fruit available everyday				