

Menu

	Main Event allergen sheets are completed daily	Main	Grab 'n' go all soups are gluten and dairy free	Sides all salads & sandwiches will have labels with allergens printed
Monday	Salt & pepper chicken strips of chicken cooked with peppers onion and seasoning served with a wrap & wedges contains wheat	Three bean Minced beef chill rice or Nachos No allergens	steak slice jumbo sausage roll soup of the day jacket potato contains milk, gluten , soya	all mains served with vegetables selection of freshly made sandwiches & baguettes salads made fresh daily
Tuesday	Home Made cottage pie slow cooked miced beef packed with vegetables topped with creamy mash contains milk	New orleans style Chicken jambalaya chicken cooked with rice in a tomato sauce No allergens	soup of the day BBQ chicken Panini contains wheat	all mains served with vegetables selection of freshly made sandwiches & baguettes salads made fresh daily
Wednesday	chicken burger choice of spicy or plain may contain celery milk egg sesame soya contains wheat	Jumbo BBQ hot dog contains wheat s02	soup of the day Jacket potato	all mains served with vegetables selection of freshly made sandwiches & baguettes salads made fresh daily
Thursday	Pie day selection of homemade pies contains milk,wheat	chicken and tomato pasta bake served with garlic bread contains milk,wheat	soup of the day Brunch Burrtio BBQ chicken wings contains milk,wheat	all mains served with vegetables selection of freshly made sandwiches & baguettes salads made fresh daily
Friday	chippy day	Battered fish Jumbo sausage special fried rice contains fish , gluten	chips	curry sauce gravy mushy peas contains gluten

a vegetarian option and gluten free option will be available every day